



FALL – September 22, 2026

[When is the First Day of Fall? Autumnal Equinox 2026](#)

The autumnal (**fall**) equinox arrives on Tuesday, September 22. Here's everything you should know about the first day of fall—plus our favorite **fall** facts, folklore, photos, and more!

- [Catherine Boeckmann - Executive Digital Editor of Almanac.com, the digital home of The Old Farmer's Almanac.](#)
- [The 2026 winter solstice—marking the start of astronomical winter in the Northern Hemisphere—falls on Monday, December 21, at 3:50 P.M. EST, the shortest day of the year with the least sunlight. Despite being the shortest day, the winter solstice isn't typically the coldest; factors like snow cover and so much more!](#)

- [Harvest Moon](#)

[The Full Hunter's Moon peaks October 26, 2026. Learn when to see it, why it's called the Hunter's Moon, and explore October Moon folklore.](#)

- [First Day of Seasons](#)

[Find out the exact start and end dates for spring, summer, fall, and winter in 2026. Includes astronomical and meteorological dates.](#)

- [Halloween](#)

[When Is Halloween? Halloween, traditionally called "All Hallows' Eve," is celebrated on the evening before the Christian holy day of All Hallows' Day or All Saints' Day \(November 1\). Therefore, Halloween is always celebrated on October 31.](#)

- [Extended Forecasts](#)

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